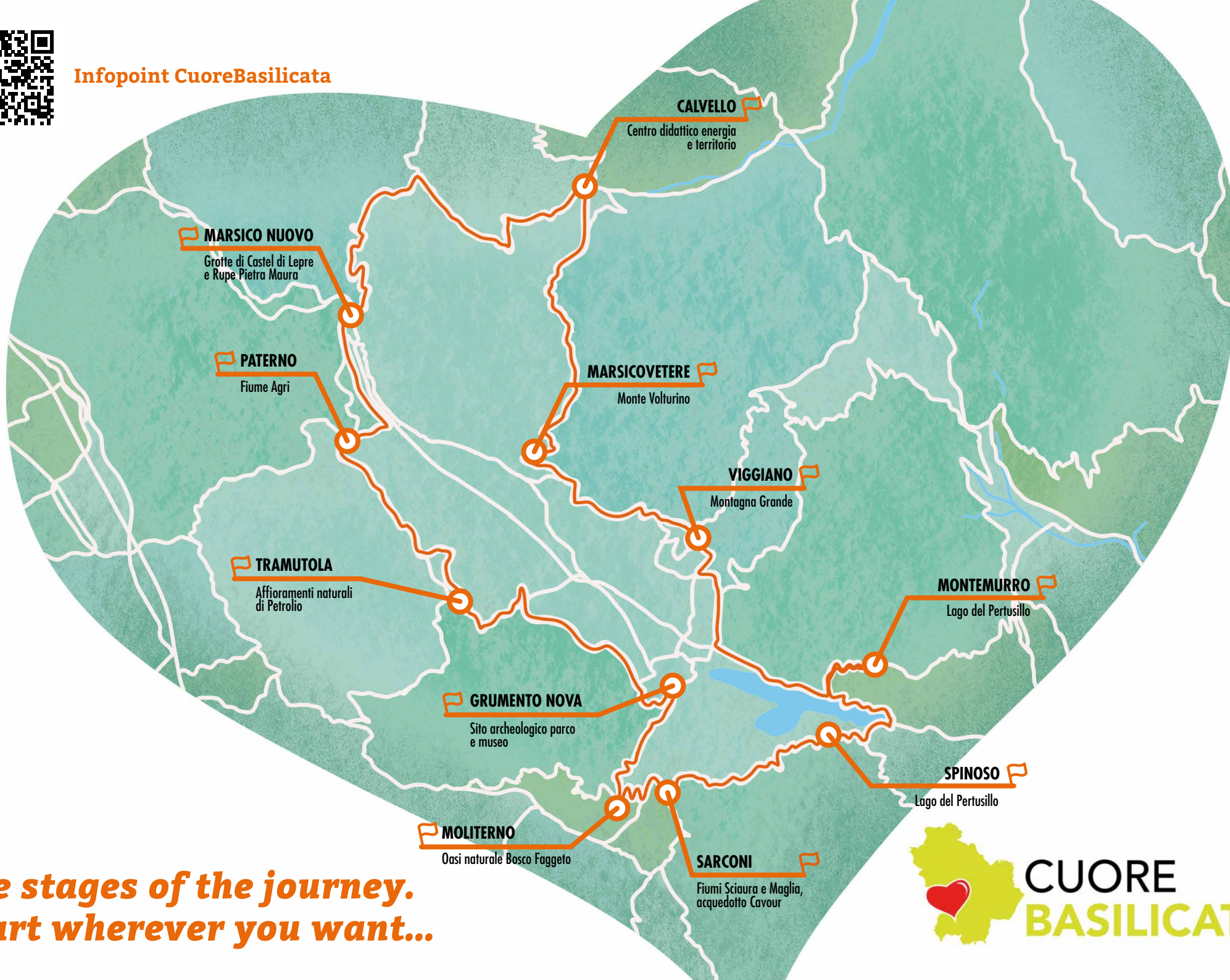


**Calvello, Grumento Nova, Marsico Nuovo,
Marsicovetere, Moliterno, Montemurro, Paterno,
Sarconi, Spinoso, Tramutola, Viggiano**

*A journey in 11 stages
for people who are or feel young*



Infopoint CuoreBasilicata



**The stages of the journey.
Start wherever you want...**



MARSICO NUOVO

Caves of Castel di Lepre and Rupe Pietra Maura: the Caves of Castel di Lepre are spread among galleries, narrow passages, underground cascades, waterfalls and wonderful rocky corners along a route of approximately 2 km, which make it the “longest cave in Basilicata”. For lovers of climbing, the Rupe Pietra Maura site, which reaches a height of 1328 m and offers low overhanging rocks, a bouldering area and long climbs. You can also book an experience, even with a guide, in the surrounding woods by conveniently renting an e-bike.



CALVELLO

Energy and territory educational centre: the energy museum at the foot of Mount Volturino. The facility houses a permanent exhibition of documents related to the history of crude oil in Italy and in Basilicata. In addition to photographs, rock samples, mineral oils, drilling chisels, and scale models of oil extraction and gas storage facilities, you can see documentary films and historical documents.

MARSICOVETERE

Mount Volturino: at approximately 2000 metres, the mountain of Volturino rises majestically and offers panoramic and evocative views of the valley, in a wild and uncontaminated nature, among woods and virgin forests, but also of wonderful fauna specimens, such as otters, wolves, wild cats, besides hedgehogs, foxes, squirrels and wild boars, which can be seen during excursions in the woods. There are two CAI trails that cross the immense naturalistic heritage: the Ventennale Path and the Sorgente Copone-Monte Volturino Path.

VIGGIANO

Montagna Grande: watching over the town rises majestic the Montagna Grande of Viggiano known also for the most important ski complex of the whole area. The mountain also offers enchanting nature walks and the possibility to practice outdoor sports including hiking, Nordic walking, sport climbing and mountain biking. Paths and ancient tracks guide visitors through picturesque and evocative landscapes: the hermitage of Santa Maria La Preta, an old refuge built by Basilian monks in the 8th century C.E. and the mill path along the stream Alli are certainly an example.

MONTEMURRO

Lake Pertusillo: splendid scenery of harmonic forms in the colours of nature, pride of the whole Val d’Agri and a protected area of the Appennino Lucano Val d’Agri Lagonegrese National Park. Lake Pertusillo is a complex ecosystem with a highly delicate balance: it is in fact occupied by rare resident and migratory birds, countless fish species and two true faunal rarities: the otter and the spectacled salamander. In the most isolated stretches of the lake there is also the grey heron. Moreover, white storks and black storks seem to be quite frequent during migrations.

SPINOSO

Lake Pertusillo (nature trip): from the lake shores you can immerse yourself in thick woodland, in particular: chestnut, Turkey oak, beech, hawthorn and hazel trees. Its banks are the ideal place for long walks to be able to appreciate all the subtle nuances and hidden beauties. The open paths in the surrounding woods give mountain bike enthusiasts unique and adventurous routes. Some points of the lake also allow birdwatching and exciting fishing trips.



SARCONI

Sciaura and Maglia rivers, Cavour aqueduct: the territory of Sarconi offers new sensations in direct contact with nature, through a complete sensory experience. It is possible to walk starting from the main square of the town until you reach the historic centre, and then continue toward the river park in the direction of the River Maglia and the waters of the Sciaura. The Cavour Aqueduct, an impressive and majestic complex built in 1867 in Roman style, is paired with a charming pedestrian path, surrounded by broad panoramic views that reveal an original and almost uncontaminated nature.



MOLITERNO

Bosco Faggeto nature oasis: extending over 300 hectares, it is a reserve that, due to its morphology and climate, is an ideal place for biodiversity. In addition to beech, the oasis also contains other tree species: maple, linden, Turkey oak, oak, hornbeam, and holm oak. As many as 790 species of flora have been recorded, 70 of which are rare. An infinite number of enchanting orchids stand out. Recognized as an Oasis of the WWF, it also has a rich fauna and the presence of wolves passing through has also been documented. There are many birds: the red and the brown kite, hoopoe, woodpecker, cuckoo, Eurasian eagle-owl, little owl, and barn owl. Not to be missed is the oenogastronomic experience of Moliterno Canestrato, a typical I.G.P. cheese made with the milk of sheep and goats raised on free-range pastures.

GRUMENTO NOVA

Park and museum archaeological site: on the slopes of Grumento Nova in the territory of the Appennino Lucano Val d'Agri Lagonegrese National Park are the remains of the ancient Roman city. Remains of the Roman Grumentum that are still visible today include three monumental complexes: a theatre of the Augustan age, the area of the ancient Forum and the remains of the amphitheatre, built in the 1st century B.C.E. and modified in the imperial age. Instead, the National Archaeological Museum of the upper Agri valley illustrates the forms of population and the history of the Roman city of Grumentum and of the entire area of the upper Agri valley.



TRAMUTOLA

Natural oil outcrops: at Caolo, near Tramutola, there is an example of how nature and oil have coexisted for centuries. In a wonderful naturalistic setting, it is in fact possible to witness an unusual and surprising natural phenomenon: outcrops of water mixed with oil that have been incessantly flowing since ancient times. The copious Caolo spring is without doubt the largest in the area of the Agri valley.

PATERNO

River Agri: Trekking and cycling enthusiasts will be able to cover the route of the river Agri: the naturalistic setting is evocative and has a high index of biodiversity, with a rich vegetation consisting of poplars, alders, oaks and willows. With a little luck you will be able to spot the grey heron or the woodpecker. Lovers of blackberries and wild fruits will find plenty to chew on as summer comes around. The route also offers small areas that are perfect for relaxation.

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